

**MORE HUMANE FOOD OPTIONS - ONTARIO**

Store Name	Eggs	Chicken	Pork	Beef	Dairy Products	Other	Certifying Bodies
<b>Cambridge</b>							
Sunrise Mills Natural Foods 1033 King St. E., Cambridge (519) 653-6661							
<b>Kitchener</b>							
Pfenning's Organic and More 1760 Erb's road, Kitchener (519) 725-4282							
Green Door Vegan Variety 509 Wilson Avenue, Unit 10 Kitchener, ON (519) 895-1500 <a href="http://www.greendooronline.ca">www.greendooronline.ca</a>						Sells only vegan products	
<b>London</b>							
Grains, Beans and Things 268 Piccadilly St., London (519) 679-1001							
London Co-op Store (members only) 621 Princess Ave., London (519) 679-0570	x	x	x	x			OCIA
Lyn-Dys Health Food 919 Oxford Street, London (519) 455-5573	x	x	x	x			OCPP, OCIA
Quarter Masters Natural Food Store 176 Wortley Road, London (519) 438-6306							
<b>Oakville</b>							
Whole Foods Market 301 Cornwall Road Oakville, Ontario 905.815.0266 <a href="http://www.wholefoods.com">www.wholefoods.com</a>	x	x	x			Various certified organic products	
<b>Orangeville</b>							
Harmony Whole Foods Market 163 First Street, Orangeville (519) 941-8961 <a href="http://www.harmonymarkets.com">www.harmonymarkets.com</a>	x	x	x	x	x		OCPP, QAI, OCIA
<b>Ottawa</b>							
Au Natural Stores 1020 St. Laurent Blvd., Ottawa (613) 742-6033						Meat by special order	

Store Name	Eggs	Chicken	Pork	Beef	Dairy Products	Other	Certifying Bodies
Natural Food Pantry Westgate Mall, Ottawa (613) 728-1255						Meat by special order	
Ottawa Organic Farmers' Market Saturdays 10:00am - 2:00pm Ecole Parsifal School, Bank St. at Heron Rd., Ottawa <a href="mailto:naturalfooddepot@on.aibon.com">naturalfooddepot@on.aibon.com</a>	x	x		x		Sometimes certified organic bison, lamb and turkey is available. Pork - 75% organic, meaning they feed their pigs 75% organic grain, and 25% commercial bread	
Ottawa Organic Farmers' Market Saturdays 10am - 2pm Kingsway United Church 630 Island Church (613) 256-4150							
Organics Plus Natural Food Depot 304 Wilbrod St., Ottawa (613) 232-2116	x	x		x			OCIA
<b>Toronto</b>							
Baldwin Naturals 20 Baldwin St., Toronto (416) 979-1777							
Cumbrae Naturally Raised Fine Meats 481 Church Street, Toronto (416) 923-5600							
Essence of Life 50 Kensington Ave., Toronto (416) 204-1030							
Evergreen Natural Foods 513 St. Clair Ave. West, Toronto (416)536-2932 and 161 Roncesvalles, Toronto (416)534-2684	x	x	x	x	x	Small variety of fruits & Vegetables	
The Big Carrot Natural Food Market 348 Danforth Ave., Toronto (416) 466-2366	x	x	x	x	x	Fruits & vegetables	OCIA, OCPP, QAI
Whole Foods Market 87 Avenue Road, Box 320 Toronto, Ontario 416.944.0500 <a href="http://www.wholefoods.com">www.wholefoods.com</a>	x	x	x			Various certified organic products	
<b>Whitby</b>							
Go Natural Health & Nutrition Centre 121 Brock Street North, Whitby (905) 668-2661							